

KEY MESSAGES

Updated 1 March 2024



Our Mission

- The McGrath Foundation's mission is to ensure that no one goes through breast cancer without the care of a breast care nurse.

About Us

- We raise money to fund McGrath Breast Care Nurses right across Australia and invest in their professional development to ensure people with breast cancer receive the highest standard of care.
- There are 223 McGrath Breast Care Nurses in communities across Australia who have supported more than 137,000 families since 2005.
- McGrath Breast Care Nurses are specialised, registered nurses trained to manage the care of people with breast cancer throughout the course of treatment.
- Our McGrath Breast Care Nurses provide trusted, consistent and knowledgeable support for families by offering medical expertise, clinical care and psychosocial support from the time of diagnosis and throughout treatment.
- It costs around \$140,000 a year to fund a McGrath Breast Care Nurse, including training and development.
- Nearly ninety per cent of women in Australia live within 75km of a McGrath Breast Care Nurse¹.
- McGrath Foundation research shows access to a McGrath Breast Care Nurse within a week of diagnosis significantly improves the experience and outcomes of a person with breast cancer.²
- The support of a McGrath Breast Care Nurse is available across Australia to anyone facing breast cancer. The support is free, and a doctor's referral is not required. To find your nearest nurse, visit mcgrathfoundation.com.au.

Breast cancer statistics³

- Breast cancer is the most commonly diagnosed cancer in women in Australia.
- One in seven women in Australia will be diagnosed with breast cancer in their lifetime.
- 57 people will be diagnosed with breast cancer every day this year.
- The incidence of breast cancer in Australia is increasing. 20,458 women and 217 men are expected to be diagnosed with breast cancer in Australia this year.
- Relative survival rates for breast cancer in women have improved over time, the five-year relative survival rate is now 92% (up from 77.3% in 1989-1993).
- Breast cancer is estimated to be the second leading cause of cancer death in women (behind lung cancer). In 2023, it is estimated there will be 3,291 deaths from breast cancer (3,255 women and 36 men).

1. Deloitte Access Economics analysis of McGrath Breast Care Nurse data and 2016 Census Data

2. Health Consult, "Evaluation of the Second Federal Government Funded Breast Care Initiative – Final Evaluation Report" 2016

3. Australian Institute of Health and Welfare 2023. Cancer data in Australia. Cat. no. CAN 122. Canberra: AIHW. Accessed 31 August 2023; <https://www.aihw.gov.au/reports/cancer/cancer-data-in-australia>